

Pineapple Pepper Party Ball

Makes 10 servings | A diabetic-friendly recipe

Ingredients:

- 2 (8-ounce) packages cream cheese, softened
- 1/2 cup crushed pineapple, drained well
- 1/4 cup finely chopped green pepper
- 1 teaspoon onion powder
- 1/2 cup chopped pecans
- Veggie sticks for serving



Directions

1. Combine cream cheese, pineapple, green pepper, and onion powder in a medium bowl.
2. Shape mixture into a ball.
3. Roll in chopped pecans.
4. Cover and refrigerate at least 1 hour before serving.
5. Serve with veggie sticks.

Cooking Tidbit

Draining crushed pineapple well keeps the cheese ball firm and easier to shape.